King County	Department of Adult and Juvenile Detention Adult Divisions General Policy Manual	
	Chapter 7 **Inmate Services**	
7.03.005, Hygiene	Approved By:	Director Allen Nance
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Purpose
To ensure inmates have access to resources necessary to maintain personal hygiene.

Policy
It is the policy of the department to provide inmates with clothing, certain personal items, and shower access with which to maintain their personal hygiene.

References
Department Policies: 6.03.001, Restrictive Housing
6.03.007, Transgender Inmates
7.03.003, Uniforms, Bedding and Linen Supplies
7.02.006, Suicide Prevention and Intervention
7.03.007, Razors, Nail and Hair Clippers

General Guidelines
1. All inmates shall have access to shower facilities with hot and cold running water.
2. All inmates being housed shall be provided with the following items, as needed:
   a. Soap
   b. Toothbrush and fluoridated toothpaste
   c. Comb
   d. Toilet paper
   e. Sanitary napkins/tampons
3. Hair and nail clippers shall be made available by the department to inmates following Department policy 7.03.007, Razors, Nail and Hair Clippers.
4. Razors for shaving shall be available through the commissary system, following Department policies 7.03.007, Razors, Nail and Hair Clippers and 7.05.001, Commissary System.
5. Access to a toilet, drinking water, heat and ventilation, a clean mattress, bedding, clean towels, and clothing shall be provided to each inmate.
6. Clean clothing or laundry service for clothing, towels, and blankets shall be offered following department policy 7.03.003 Clothing, Bedding, and Linen Supplies.
7. Certain items may be withheld from certain inmates following department policy 7.02.006, Suicide Prevention and Intervention.

8. All inmates are expected to shower routinely.
9. An inmate may not be denied dayroom/shower access based on behavior that is a manifestation of their mental illness that does not threaten staff or facility security without supervisor approval.

B. Procedure

1. The following items shall be initially issued to inmates being housed, some items below may be withheld from certain inmates following department policy 7.02.006, Suicide Prevention and Intervention:
   a. One pair of underwear
   b. One bra (female/transgender inmates only, following department policy 6.03.007, Transgender Inmates).
   c. One pair of socks
   d. One uniform top and bottom
   e. Two blankets
   f. One towel
   g. Two bars of soap
   h. One comb
   i. One toothbrush
   j. One tube of toothpaste
2. Inmates may obtain additional hygiene/grooming items from the commissary service or from the housing unit officer for hygiene supplies listed above in General Guideline 2.
3. Shower schedules for the KCCF and the MRJC shall be established for each housing area. Individual usage shall not be documented, except for restrictive housing areas where shower access is limited.
4. Inmates in restrictive housing may shower during their daily scheduled one-hour out, unless otherwise restricted due to a documented threat to the safety and/or security of staff or the facility, following department policy 6.03.001, Restrictive Housing.
5. Psychiatric Housing:
   a. Inmates housed in-group psychiatric housing may shower at any time during their open dayroom time.
   b. Inmates in restrictive housing are given one-hour access to the dayroom daily, unless otherwise restricted due to a documented threat to the safety and/or security of staff or the facility. During this time, they may choose to shower.
   c. Those times when restrictive housing inmates are in the dayroom, or when they choose not to go to the dayroom, shall be documented in the JMS shift log.
   d. A mentally ill inmate may not be denied dayroom/shower access based on behavior that is a manifestation of mental illness that is not a threat to the safety or security of staff or the facility without supervisor approval.
   e. If denial is approved by a supervisor, a JMS shift log entry shall be made articulating the behavior that is not a manifestation of mental illness authorizing the denial of access.
   f. All requests for restricting dayroom access that are denied by a supervisor shall be logged in the JMS shift log.
6. Infirmary (KCCF):
   a. Showers are available in most infirmary rooms and are freely available to

inmates.

b. Those inmates housed in rooms without showers shall be scheduled for daily showers, unless the inmate presents a threat to the safety and/or security of staff or the facility. This access to the shower will be documented in the JMS shift log.